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PRESS RELEASE

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August 31, 2018 - **For Immediate Release!**

CRMC PHYSICAL MEDICINE AND REHAB WELCOMES NEW THERAPIST

The Cherokee Regional Medical Center Physical Medicine and Rehabilitation Department is pleased to announce that, John Lynch, DPT, has joined their team.

Lynch earned his undergraduate degree from Northwestern College in Orange City, Iowa. From there he attended the Physical Therapy program at Briar Cliff University earning his Doctor of Physical Therapy degree in May 2018.

During his studies at Briar Cliff, Lynch had the opportunity to complete internships within physical therapy departments at Fitness Quest in Venice, Florida; HealthSouth Rehabilitation Hospital in Scottsdale, Arizona; Orange City Physical Therapy in Orange City, Iowa; and Cherokee Regional Medical Center.

“We are very excited about what John brings to our department,” says Kayla Koch, DPT, Physical Medicine and Rehabilitation Department Manager at CRMC. “He has a passion for Sports and Orthopedic rehab, as well as chronic pain management. He will be a great asset to our patients and the rest of our team.”

As part of his new responsibilities, Lynch will be providing coverage at the MMCRU home athletic events this fall, as well as some athletic training services during the week for MMCRU athletes. John’s wife, Amanda, is a high school science teacher at MMCRU.

“I am excited to work with John so we can provide even more coverage to area athletes this fall,” says Jodi Schlichting, LAT, a veteran athletic trainer who has provided care to area athletes for the past 18 years. “At CRMC we are concerned about all of our area student athletes. With John working at MMCRU athletic events, we will be able to expand our coverage base and help keep more athletes on the field, or help them return to competition safely if they do sustain an injury.”

According to Lynch, his patients are much more to him than the injury he is treating. He takes pride in evaluating the entire situation and developing a care plan that is best suited for every individual and their personal needs. He also likes to promote the importance of healthy lifestyle choices to provide the best environment for complete healing.

Lynch is pleased about starting his career at CRMC. “I really enjoyed working with everyone in the CRMC Physical Medicine and Rehab Department when I interned here as a student,” claims Lynch.” I enjoyed the community members I was able to work with and look forward to meeting many more great people.”

When not working, Lynch enjoys about any activity that is physical and challenging... wrestling, weightlifting, coaching, hiking, and biking to name a few. However, his favorite pastime is spending time with his wife and daughter.



Photo- John Lynch, DPT, recently joined the Physical Medicine and Rehab Department at Cherokee Regional Medical Center. John is excited to offer a variety of therapy services to the people of the Cherokee area. He also looks forward to providing athletic training services to the MMRU school district this fall.