

Cherokee Regional Medical Center  
300 Sioux Valley Drive  
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## PRESS RELEASE

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November 21, 2017- **FOR IMMEDIATE RELEASE!**

### **CRMC TO HOST BAKING WITH SUGAR SUBSTITUTES EVENT**

**Corporate Chef, Scott Fadden, to be featured presenter**

In recognition of November as National Diabetes Awareness Month, Cherokee Regional Medical Center will be hosting a live diabetes friendly baking demonstration on Thursday, November 30<sup>th</sup>. Scott Fadden, a Corporate Chef with Martin Bros. Distributing Company, Inc. will present on the topic of baking with sugar substitutes.

Fadden has over 30 years of experience within the food service industry and is culinary trained in commercial food, baking, restaurant management, nutrition, and food safety. He has conducted hundreds of live demonstrations over the years and he looks forward to sharing his culinary talents with the Cherokee community.

In addition to Chef Fadden, CRMC Clinical Dietitian, Kelly Stanke, RD, LD, and Hy-Vee Dietitian, Amanda Chicoine, RD, LD, will be on hand to answer the audience's questions about sugar substitutes and a variety of other nutrition related topics.

"Many people think that to prepare diabetes friendly foods you have to sacrifice flavor or spend hours in the kitchen," said Stanke. "We are excited to host Chef Fadden so he can help dispel some of these myths and educate the participants on how to prepare great tasting, diabetes friendly baked goods to enjoy throughout the holiday season."

The demonstration will take place from 6:00 – 7:00 p.m., the evening of Thursday, November 30<sup>th</sup>, in the Cherokee Regional Medical Center 1st Floor Conference Room. The event is free and open to the public. Refreshments will be provided as participants will have the opportunity to sample Chef Fadden's featured recipes.

**Space for this event is limited and pre-registration is required.** To RSVP, please contact Leann Bush at (712) 225-3368 ext. 200 or via email at [leannb@cherokeermc.org](mailto:leannb@cherokeermc.org) by **Tuesday, November 28, 2017.**



**Photo-** Corporate Chef, Scott Fadden, will be on hand at Cherokee Regional Medical Center on Wednesday, November 30<sup>th</sup> to conduct a live diabetes friendly baking with sugar substitutes demonstration. The event is free and open to the public. Pre-registration is required. Call 225-3368 ext. 200 for more information.